



Indigenous people: DREAM

CATCHERS

July 11, 2022

Review time!

Let's review last week's lesson on the
Middle East: Mosaic

What is a Mosaic?

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- B) tiles**
- C) painting**

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Lesson: Dream Catchers

What is a dream catcher?

Their purpose was **to protect sleepers, especially children, from bad dreams, nightmares and evil spirits**. Native Americans believed that at night the air was filled with dreams, both good and bad. They would hang the dream catcher over their beds.



Who created dream catchers?

- Dream catchers can be traced back to **the Ojibwes**. The Ojibwe people started the trend and over time, dream catchers were adopted by other tribes, cultures and even nations. The dream catcher is one of the most enduring and widespread symbols associated with Native American culture



How to make your own Dream Catcher



1) Prepare the plate

Cut a hole in the center of the plate, leaving about 2 inches around the edge. Punch about 8 holes around the edge. Now you can paint your plate with an extra color or draw a pattern.



2) Weave a web.

weave a web to catch your dreams. Zig zag your yarn through the holes of the plate. You can add beads after each pass through a hole. Have fun and try to make interesting patterns. They don't have to be perfect.



3) Add the Feathers and beads

Cut three pieces of yarn and tie a feather to the bottom of each one. String beads and charms onto the yarn above the feathers. Then punch 3 holes on the bottom of your plate, one for each beaded strand of feathers, and tie your feathers to the plate.



4) Add your dream

Write a sentence of your dream on the the dreamcatcher. Make sure its a goal you want in life. Then you are finished!



5) Done!!

Hang it up above your bed so your dreamcatchers can catch your wishes when you sleep!

